

September 2023

Dear Parents/Guardians:

As mandated by Connecticut General Statutes Sec 10-2016 and 10-214, a Postural Screening Program to detect scoliosis, a curvature of the spine, will be conducted at East Lyme Middle School. Effective January 2016, **FEMALES in grades 5 & 7 along with MALES in grade 8** will be assessed by the school nurse.

The screening should be done by the physician as part of the school required physicals. Early identification enables early treatment and the prevention of a severe deformity. The assessment is a simple one. The nurse inspects the child's spine as he/she stands and then bends forward. If a spinal problem is suspected, a notification will be sent home advising further consultation with their own physician.

Please indicate below if you know your child has been screened by your physician and/or YOU DO NOT WISH to have your child participate in the program. If the form is not returned, your child WILL BE SCREENED for scoliosis as mandated by the State of Connecticut.

Please return this form to the main office no later than September 29, 2023.

Sincerely,

Andrea Discordia, RN
ELMS School Nurse

I **DO NOT** wish to have my child participate in the postural screening program.

Child's name

Grade/Team

Signature of parent/guardian

Date