

Natchaug Hospital's Continuum of Care:

Natchaug
Hospital



A Hartford HealthCare Partner

Natchaug Hospital is a psychiatric hospital offering a variety of treatment options for children, adolescents and adults. Founded in 1954, Natchaug admitted 3,000 adults and 2,150 children and adolescents this past year.

Natchaug Hospital treatment programs employ the group therapy model. Adolescent and young adult substance abuse treatment programs include The Seven Challenges® model.

Programs and services include:

Inpatient:

- Adult Program:** 33-bed unit. Semi-private rooms (partitioned double-occupancy, private bathroom). Average length of stay: eight days.
- Pediatric Program:** Six single-occupancy client rooms (ages five through 11). Average length of stay: 12 days.
- Adolescent Program:** 15 single-occupancy client rooms. Average length of stay: 11 days. *Child/Adolescent units also have three beds that can serve either program, depending on the need.*

Intensive In-home Child & Adolescent Psychiatric

Services (IICAPS): An intensive therapeutic intervention in which Natchaug clinicians go to the client's home two or three times each week for up to six months. This program, one of 18 licensed by the Yale University Child Study Center, operates out of Joshua Center Thames Valley.

Partial Hospitalization (PHP): An intensive group therapy program that meets four hours a day for five days a week. Adult PHP is offered at four locations. Child and Adolescent PHP is offered at six locations. Transportation is available.

Intensive Outpatient (IOP): A group therapy program that is somewhat less intensive than the PHP, with the number of hours per day and days per week gradually reduced as recovery progresses. Adult PHP is offered at four locations. Child and Adolescent PHP is offered at six locations. Transportation is available.

Young Adult: An intensive program for 18- to 25-year olds who are struggling due to mental illness, occupational or educational problems, relationship issues, family conflict, addictions or other influences that interfere with their day-to-day functioning. Offered Monday through Friday during the afternoon.

Extended Day Treatment (EDT): Meets five days a week for as long as nine months in order to help youth learn and practice social skills and behavior control. EDT is offered at five Natchaug locations.

Psychological Services: Specialized diagnostic assessments that evaluate for Autism Spectrum Disorders and Attention Deficit Hyperactivity Disorder.

Clinical Day Treatment (CDT): A state-approved special education program for students identified as emotionally disabled, which accepts referrals from Local Education Authorities.

www.natchaug.org 860-456-1311

Community Programs:

Positive Parenting: a six-week seminar series led by a Natchaug Hospital clinician:

Mon 6:00 PM, five sessions each year

PDD/Autism Support: for care givers, siblings and children identified with PDD. Groups facilitated by Natchaug Hospital clinicians.

3rd Wed, each month, 5:30 PM

AA: Alcoholics Anonymous:
Thurs & Sat, 7:30 PM

Al-Anon:
Thurs. 7:30 PM

ACOA: Adult Children of Alcoholics:
Wed., 7—8:30 PM

Nar-Anon:
Tues., 6:30 PM

NAMI Family Support:
2nd Mon each month, 6:30 PM



Programs

Inpatient Treatment Programs:

- Treat up to 57 clients on a daily basis in three programs (child, adolescent and adult) at the Mansfield location
- Average length of stay, 5-13 days

Intermediate Inpatient Care program, Mansfield:

- Average length of stay, 45 days

Residential Treatment Program:

- Average daily census, 12 adolescent girls
- All residents are connected with the juvenile justice system
- Average length of stay, nine months

Partial Hospitalization and Intensive Outpatient Programs:

- Eight locations
- Treat approximately 3,200 children, adolescents, and adults each year
- Average length of stay, 6-8 weeks
- Seven Challenges® adolescent substance abuse program launched 2012
- Young Adult program opened 2012 to serve men and women 18 to 25 years old

Intensive In-Home Child & Adolescent Psychiatric Services:

- Five teams
- Up to 40 families can enroll at a time
- Provides in-home services 2-3 times per week
- Average length of treatment, six months

Extended Day Treatment Program:

- Offered at four Joshua Centers
- Average Daily Census: 29
- Provides structured groups for three hours a day up to five days per week
- Average length of stay, six months

Ambulatory Detoxification Program:

- A medical procedure employing Suboxone (an opiate agonist) to help people withdraw safely and abstain from opiates - causes minimal disruption to normal day-to-day life
- Includes regular monitoring and group therapy
- Four locations

Clinical Day Treatment Special Education Program:

- Eight Natchaug school locations, plus two Norwich schools operated by Natchaug Hospital
- Serves an average of 200 students each day
- Placement referral made by the local education authority

Natchaug Hospital's Network of Care

www.natchaug.org
860.456.1311



NATCHAUG HOSPITAL

189 Storrs Road
Mansfield Center, CT 06250
860.456.1311 or
800.426.7792

JOURNEY HOUSE

189 Storrs Road
Mansfield Center, CT 06250
860.456.1311

JOSHUA CENTER ENFIELD

72 Shaker Road, Suite 7
Enfield, CT 06082
860.749.2243

JOSHUA CENTER MANSFIELD

189 Storrs Road
Mansfield Center, CT 06250
860.456.1311

JOSHUA CENTER SHORELINE

5 Research Parkway
Old Saybrook, CT 06475
860.510.0163

JOSHUA CENTER NORTHEAST

934 North Main Street
Danielson, CT 06239
860.779.2101

JOSHUA CENTER SOUTHEAST

1353 Gold Star Highway
Groton, CT 06340
860.449.9947

JOSHUA CENTER THAMES VALLEY

11 A Stott Avenue
Norwich, CT 06360
860.823.5320

JOSHUA CENTER/WINDHAM CLINICAL DAY TREATMENT SCHOOL

345 Jackson Street
Willimantic, CT 06226
860.450.7373

CARE PLUS

1353 Gold Star Highway
Groton, CT 06340
860.449.9947

QUINEBAUG

11 Dog Hill Road
Dayville, CT 06241
860.779.0321

RIVEREAST

428 Hartford Turnpike
Vernon, CT 06066
860.870.0119

SACHEM HOUSE

189 Storrs Road
Mansfield Center, CT 06250
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