

EAST LYME PUBLIC SCHOOLS

P.O. Box 220 • East Lyme, Connecticut 06333 • (860) 739-3966 • Fax (860) 739-1215

Jeffrey R. Newton Superintendent of Schools

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November 13, 2020

Dear ELPS Staff, Parents, and/or Guardians,

Today, November 13, 2020 East Lyme Public Schools was notified that other members of our school/district community (specific to East Lyme High School and East Lyme Middle School) have tested positive for coronavirus (COVID-19). The affected persons have been instructed to remain home in self-isolation and have been provided with additional instructions to follow prior to returning to their school building.

The last day attended by the East Lyme High School infected individual was Friday, November 6, 2020 and the East Lyme Middle School infected individual was Wednesday, November 12, 2020. Ledge Light Health District has completed contact tracing with both of these cases. Anyone who is considered a "close contact" with the infected individuals will be contacted by school or local health officials and will be provided with instructions on the appropriate steps to take.

Due to multiple staff quarantining across East Lyme Middle School, the building will move to temporary remote learning until Monday, November 30, 2020. Offices will remain open and will be thoroughly cleaned prior to Monday, November 16, 2020.

East Lyme High School will be open on Monday, November 16, 2020 for students and staff.

COVID-19 is spread mainly via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the spread of other viruses, we urge everyone to discuss the following preventive measures with your children and family members:

- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds. Be sure to also wash your fingertips. When soap and water are not available, use hand sanitizer.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a
 tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze inside the elbow of
 your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Maintain social distancing (at least 6 feet) between yourself and others when outside of your home.



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Below is the list of COVID-19 symptoms for which everyone should monitor in their family members:

- Fever (100.4° Fahrenheit or higher)
- Chills or shaking chills
- Uncontrolled new cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell

For additional information on COVID-19 symptoms, please see: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html.

Staff and students exhibiting any of the above symptoms, or feeling ill, should remain home and call their medical provider to report their symptoms and ask about testing prior to seeking in-person care at a clinic, physician's office, or hospital.

For more information on what to do if you or a family member has possible symptoms, a diagnosis, or exposure to COVID-19, please see Addendum 5: Interim Guidance for Responding to COVID-19 Scenarios in Connecticut School Districts, available here: https://portal.ct.gov/SDE/COVID19/COVID-19-Resources-for-Families-and-Educators/Addendums-and-FAQs

If you have any questions, please do not hesitate to contact my office or Ledge Light Health District.

Sincerely,

Jeffrey R. Newton

Superintendent of Schools

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