



# FAMILY UNIVERSITY

*Explore FREE courses, resources, and events!*

Family University is a series of educational opportunities for parents and guardians that will be provided throughout the school year free of charge. We are excited to provide knowledge and resources that will build your confidence to help and support your child's learning and well-being at school and home. Below are some of the initial events we have scheduled for this school year:

## UPCOMING EVENTS

### Hidden in Plain Sight

March 23, 2023 at 6:00pm

EL Community Center  
Olive Chendali Meeting Room

*An interactive drug education program for parents, caregivers and adults who work with youth. Gain insight into current trends in youth substance use, paraphernalia and concealment of alcohol and drugs.*

→ **REGISTER HERE** ←



Session Topic	Target Audience	Date	Time	Location
Introduction to Restorative Practice	All Parents & Guardians	November 15, 2022	6:00 pm	Room B101 (Register at the link above)
Social Media and Internet Safety	All Parents & Guardians	December 01, 2022	6:00 pm	High School Auditorium
Understanding your Child's Standards Based Report Card	Elementary Parents & Guardians	Will be emailed to families on 12/16/2022	6:00 pm	Pre-Recorded Video
Family Overview of Assistive Technology	All Parents & Guardians	January 24, 2023	6:00 pm	TBD
The Addiction Inoculation: Raising Healthy Kids in a Culture of Dependence	Middle/High School Parents & Guardians	February 15, 2023	7:00 pm	Virtual
Hidden in Plain Sight	All Parents & Guardians	March 23, 2023	6:00 pm	Community Center (Olive Chendali meeting room)
Healthy from the Inside Out Mental Health Awareness & Resources	All Parents & Guardians	May 11, 2023	6:30 pm	TBD

*Separate flyers will be sent to all families with more information on each upcoming event beginning in November*

*East Lyme Public Schools will inspire, engage, and educate each student to become a contributing citizen and a responsible, independent, and critical thinker.*



Family University is  
hosted by East Lyme  
Public Schools in  
collaboration with East  
Lyme Youth Services

