



East Lyme Public Schools

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Assistant Superintendent for Special Education and Pupil Personnel
Mr. Brian S. Reas

June 2014

Dear Parents of Students in Grades 5 and 8:

The Connecticut School Health Law requires a comprehensive examination for each student prior to enrollment in the school system and during selective grades in the middle and high school years. East Lyme Board of Education Regulation 5141.3 (Rev. 4/8/13) requires that the physicals be completed within a 12 month period during the sixth grade year for the middle school and the ninth grade year for the high school. In other words, by June 30 all students in grade six and grade nine must have on file a comprehensive physical completed within the past twelve (12) months (July 1, 2014-June 30, 2015). Additional requirements include a 2nd dose of Varicella, one dose of Tdap and a Meningitis vaccine prior to seventh grade entry.

Students will not be allowed to enter grade seven or ten in August without the specified requirements. Information is available on both the Connecticut State Department of Education and East Lyme Public Schools website.

We recommend that your own physician complete periodic examinations. Physical examinations are but a small part of the periodic health evaluation and information from parents is an essential and valued part of such evaluations.

In accordance with East Lyme Board of Education Policy No. 5141.3 the following schedule applies to the comprehensive health assessment needed for students in sixth and ninth grade:

- School principals will notify parents or legal guardians of all fifth and eighth grade students of the comprehensive health assessment requirement needed for students in grades six and nine.
- The comprehensive health assessment should be submitted by January 2nd of the year in which the student is enrolled in grade six or nine, or a Statement of Religious Preference must be submitted in lieu of the comprehensive health assessment.
- If the comprehensive health assessment is not submitted by January 2nd from students in grade six or nine, these procedures will be followed:
 - February 1st: Letter from the building principal to parents or legal guardians stating that State law and local policy requirement has not yet been fulfilled.
 - April 3rd: Follow-up letter from the building principal for those who have not met this assessment criterion.

- May 15th: Names of all grade six and nine students who have not submitted their comprehensive health assessment will be forwarded to the Superintendent of Schools.
- June 1st: Letter from the building principal stating that the comprehensive health assessment must be completed by June 30th of the year that the student is enrolled in grade six and nine and that if the health assessment is not received by the first day of school the student will not be permitted to enter grade seven or ten. This action is required by State statute.
- August 15th: Certified letter from the Superintendent of Schools indicating this deficiency and reminding families that students entering grade seven and ten must be prohibited from attending school without the health assessment. Copies will be sent to the building principal, school physician and school nurse.

If you have questions, receive Title 19 benefits (Husky A or Husky B), or can not afford to pay for a physical examination for your child(ren), please call the school health office and discuss the matter with the nurse.

A State of Connecticut Health Assessment form HAR-3 must be completed to meet the requirement of a comprehensive physical. Additional forms are available in the Central Office, on the web-site, at each school, and at the Visiting Nurses' Association of Southeastern Connecticut. Please take the form to your family physician for completion at the time of your child's examination and return it to the school nurse.

Thank you for your attention to this important matter.

Sincerely,



Brian S. Reas

Assistant Superintendent for Special Education and Pupil Personnel